



NEWSLETTER

Rotary
District 3191
MAVERICKS

YEAR 2024-25

ANNUAL NEWSLETTER 2023-24

Rotary
Bangalore Abilities



Awards

- Best club runner up Award
- Best President Award
- Award for excellence in Club Services(Gold Citation)
- Vocational Services (Gold Citation) Community services, (Platinum Citation) and International services (Silver Citation)
- RI citations in various categories.
- Rtn Aravind received Honorarium award for outstanding contribution to all avenues of Service in the Awards ceremony.
- 10 Citations and 3 mementos





President Chandana took over as the 7th president of RBA. She and her team have plans for many projects. The installation was attended by many people, including RBA members, family and friends, and many members from other clubs. A couple of PDGs also were in attendance at the hall. four new members were inducted into our club as well.



First project on 1st July 2023

Rotary Bangalore Abilities distributed Stationery (Pencils, Rubbers, Rulers, Colour Pencils and Writing Pads) to Belluti Sarkari Prathamika School.



Helen Keller Day celebrations was observed at Sahana Charitable Trust for the Disabled on July 8th. The morning session had 2 paper presentations about braille and its revival. The session after lunch had a quiz competition, word game, and a talk by Rtn.Nagaraj about the 4-way test and career guidance. The students enjoyed the afternoon session thoroughly.

Kargil Vijay Diwas

Rotary Bangalore Abilities joined Rotary Bangalore Harmony, Rotary Spandana, Rotary Club of Jayanagar, Rotary Prime, Rotary South West, Rotary Bangalore Samruddhi, and Rotary Sotial for commemorating the Kargil Vijay Diwas on 25th July 2023. There was a panel discussion on "Inspiring Patriotism and fostering National Unity among Civilians". We had 3 amazing speakers including Col. Narasimha, Col. A Jairam and SQN. LDR. Girish Udupi. It was an eye-opening session where all the speakers shared their experiences of the Kargil War. Their life journey was inspiring to all of us. We all owe an immense gratitude and great salute to these heros. Their bravery and legacy will inspire the youth to forge a stronger India. The sacrifices of our soldiers will never go in vain.





Fellowship at Rtn.Priya's house happened on July 9th. The event was organized at a nearby park. Guests went around the park, relaxed in each other's company, and had a sumptuous lunch. There was also a cake cutting ceremony to celebrate Rtn.Lakshmi and Rtn.Pinky's birthday.

Rotary Club of Vijayanagar Bangalore, Rotary Club of Bangalore Abilities and Rotary Innerwheel Club of Vijayanagar Bangalore had organised a **Career Guidance Session** to Government First Grade College Vijayanagar disabled students of Chethana Unit on 22nd July. There were around 35 students. Members of Rotary Bangalore Abilities were the Guest Speakers for the event. Rtn. Priya gave an amazing Motivational Talk to the Students, Rtn. Kameshwari Rao spoke about her life journey and opportunities in the Corporate Sector and Rtn. Nagaraj spoke about the opportunities in the Government Sector and 4 way Test. Overall the event was very well organised by Rotary club Vijayanagar.



Rotary
Bangalore Abilities

Rotary
Bangalore Rajarajeshwari
Nagar Centennial

Rotary
Bangalore Harmony

Rotary
Bangalore Palmville

TALK on "Carbon-Free Energy Initiatives for Sustainable Growth."

SPEAKER
Rtn.Ramesh Shivanna, a Green Activist, specializing in Solar Energy

Date: August 4, 2023
Time: 8 PM
Join Zoom Meeting
[https://us02web.zoom.us/j/87012177682?](https://us02web.zoom.us/j/87012177682?pwd=NvdBM3BJWXBJZFbVMIRibWo2OVR2dz09)
pwd=NvdBM3BJWXBJZFbVMIRibWo2OVR2dz09
Meeting ID: 870 1217 7682
Passcode: 591727

Talk on being Carbon Neutral

The talk on being Carbon Neutral was jointly hosted by Rotary Bangalore Abilities, Rotary Palmville, Rotary Harmony, and Rotary RR Centennial. In this talk, Rtn. Ramesh Shivanna breaks down ways to be on carbon neutral. We were given ideas on how as individuals can impact the climate positively by reducing our carbon footprint.

Rotary Bangalore Abilities organized a **Yoga session** for its members as part of its Club services at Rotary House of Friendship, Bangalore on 6th Aug 2023. Six of our members were present in person along with 3 online participants. HariPriya Girish an experienced Yoga instructor provided a detailed explanation of most effective preparatory warm up exercises explaining it's benefits to tone muscles along with demonstration and performing the preparatory exercises with the club members. A seed for future holistic yoga regime had been sowed and brought lots of hope to continue this journey across Rotary Club members.



RBA held a **Talk by youth**, for the youth on the occasion of International Youth day 2023. Our speakers were Kavya Mukhija, Disability Rights Advocate; Advocate Abhishek Kumar, Curator - The Sangyan & Anjali Vyas, Self-Advocate on Disability Rights. The talk was highly appreciated. The event took place on Zoom on 13th Aug 2023.

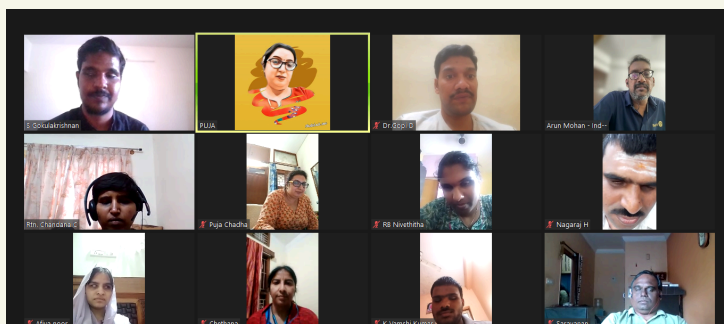
INDEPENDENCE DAY CELEBRATION

Members of the RBA visited Handanakere on 15th August 2023. The day began with a visit to the Durga temple. To mark the independence day celebrations, we saluted the national flag. We then visited the nearby fields to plant the 76 arecanut and coconut saplings that we had carried with us. We took this opportunity to honour the elders of the family for their unwavering commitment. The event culminated with a sumptuous lunch and savoring the fresh tender coconut water. The team comprised of Rtn. Chandana, President RBA, Rtn. Aravind, Community Service Director RBA, Rtn. Priya, Women Empowerment Chair RBA, Rtn. Justin, Club Service Director RBA, Rtn. Nagaraj, Vocational Service Director RBA and Rtn. Yashodha, Member RBA.



Rotary Bangalore Abilities was part of **State Taekwondo event** which was on 19th and 20th August. RBA Sponsored 1000 Saplings for the participants of the competition. On 19th it was for Girls and on 20th it was for boys. Different School children participated in the event and it was wonderful to be a part of this sport.

CLAP program was inaugurated on September 3, 2023. Aimed at the college-going students and freshers, this program creates awareness on topics concerning leadership, communication, abilities, and personal growth. About 35 students have enrolled in this year's program. Career is the main theme of this edition. The learning sessions will go on till end of October.





Rotarians Kiran Kumar and Kameshwari Rao attended the **'Train the Trainer'** program jointly conducted by Rotary district 3191 and India Literacy project (ILP) on the 10th of September 2023. Margam is a full-fledged **career guidance and counselling program** for high school students from government schools. District Governor, Rotarian Uday Kumar Bhaskara graced the occasion with his presence. Certificates were presented after the training. The methodical approach to finding the best career fit for high school students will ensure all the students' interests, talents and ambitions are given a shape and roadmap designed for career progression.



FELICITATION OF TEACHER'S

TEACHER'S DAY 2023

On the occasion of Teacher's day 2023, RBA honoured 5 deserving teachers with the title 5 UNSUNG HEROS and a memento.





GOV 2023

DG Uday Kumar Bhaskara and Radhika (first lady) visited our club along with other district officers on October 1, 2023. The day began with a closed-door meeting with the President, Secretary, and the Treasurer. This was followed by a meeting with the board of directors who presented their plans for the rest of the year and also highlighted the activities done so far.

This was followed by the General Assembly addressed by the DG. The DG also gave away mementos to many people chosen by the President and Secretary for their continued contribution to the club. This being the first GOV of District 3191, the DG was all praise for the excellent preparedness and presentation done by the office-bearers of our club. He assured his total support to the club in the coming days. The event ended with a sumptuous lunch.

Members of RBA visited the Shilhaandara resort on 2nd October 2023. After a nice breakfast, the members went in search of adventure. Many of our members experienced a thrill out fun performing ziplining. Few of us kept rolling in an inflated ball. Few others had their feet tickled by the fish in the spa. Members also entertained themselves by singing songs and recalling sweet memories. After lunch, most members enjoyed dancing to the popular tunes at the rain dance. Others enjoyed the swimming pool chilling themselves. After tea and snacks, it was time to head home with yet another memory to cherish.



RBA HELD A ONLINE TALK ON RBI AND ITS FUNCTIONS

Harish Kotian, Retired Assistant General Manager, RBI, spoke about the functions of RBI on Sunday, October 22, 2023. This talk was part of Community and Economic Development month. After the talk, there was a Q&A session.



MEAL TO ARAM CHILD FOUNDATION

RBA organized a breakfast treat for the underprivileged children at Aram Child Foundation Trust, Chennai on 19th Oct 2023 .The children enjoyed the Breakfast

A talk on **Project Sanjeevini** - The Need ,the Process , the How and Why of a Human Milk Bank - was held on 19th October 2023. Rotary Bangalore South Parade is the lead club for this project. RBA joined the project for the distribution of newborn care kits.

IPP Rtn. Anand Ramachandra highlighted the importance of the human milk bank. This concept will work effectively only if at least 500 infants are born per year. RBA provided 14 newborn care kits. These kits contain all essentials needed for a family to care for the newborns belonging to BPL families.



RBA members: Kiran, Kameshwari, Justin, Nagaraj, Chandana, and her mom, attended the **World Polio Day** event of District 3191. The theme of this year was "End Polio Now". Health Minister Government, Karnataka, Dinesh Gundu Rao was the chief guest. Sonu Gowda, an actress, was the guest of honor. The minister flagged off the bike rally and the walkathon (a distance of 3.5 KM). We participated in the walkathon too. A certificate of appreciation was given to each club that had assembled. Breakfast was served, after which we dispersed.the event took place on 28th Oct 2023 in Bengaluru.

RBA members Pinky and her husband Venkatesh, Nagaraj, Justin, Kiran, Kameshwari, Chandana, and her mom met at the **Vikasa School**. This school caters to the children who are intellectually challenged. On the occasion of their third wedding anniversary, Pinky and her husband distributed **stationery items** to the 82 children present there. We also distributed chocolates. Members took part in the lunch and tea offered by the management. We also purchased candles made by the children.





Under the **Navajatha Shishu project** the first of the 14 new born care kits along with iron supplements ere handed over to a mother who had just delivered a child by our member Rtn.Kameshwari on 30th Oct 2023.

FELLOWSHIP

Team Rotary Bangalore Abilities had a Mini fellowship before visiting Vocational service ICGF. We had been to a temple near Nelamangala called Vijaya Vittala. A temple with beautiful Sculptures which depicts the Scenes from the Mahabharatha. After that we had been to Vocational service ICGF at CK Palace in Nelamangala.



Team RBA and their families was part of the **Kannada Rajyotsava celebration of Rotary District 3191**. It was a fun filled entertainment event with lots of music dance and amazing speed painting.

Paediatric Eye Surgery

A 7 yrs old girl belonging to lowest strata of society from sriranga patna of mandya district, Karnataka was born with congenital cataract in left eye. Her parents are agricultural labourers. Her condition was detected at the school screening program by the team of doctor at sri vivekananda sevashrma. The paediatrician suspected fine cardiac murmurs and made her to go through the cardiac evaluation.

Rotary Bangalore abilities helped her to undergo state of art surgical procedure today through cataract surgery with foldable intra ocular lens (IOL) Implantation in left eye under GA this morning atushakiran eye hospital, mysore. Her parents are very happy with the surgery and thanked rotary Bangalore abilities for the timely support.





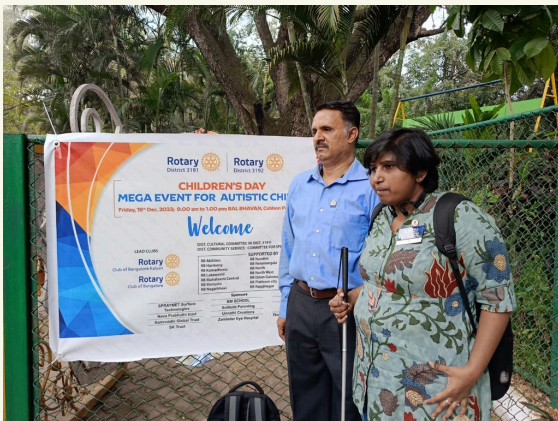
IDPD AWARDS

Rotary Bangalore Abilities hosted an event to Celebrate. Honour & Support Persons with Disabilities on 3rd December, 2023 at Rotary House of Friendship, Lavelle road, Bengaluru. This day is celebrated globally as International Day of Persons with Disabilities. The chief guest of the event was Lion Vijayakumari Murarappa. RBA felicitated seven unsung heroes belonging to various disabilities across India.

On 14th December 2023, RBA had their weekly regular meeting. We had a speaker session by Bhavya Sharma, Director of Urban Company. She gave a talk on how Urban Company empowered millions of professionals worldwide to help the society in delivering services.. She explained how her company partners with their service professionals across multiple vectors. The talk was very much informative and gave insights about how their services can be availed by the persons with disabilities.



On 15th December 2023, Rotary Bangalore Abilities joined hands with Rotary clubs of District 3191 & 3192 to celebrate Children's Day Mega Event for **Autistic Children at Bhal Bhavan**, Cubbon Park, Bengaluru. The drawings and other art works at the art event showcased the talents of children living with Autism Spectrum Disorders. The event also had fun games, stage show, felicitation, magic show, pottery and puppet show of Autistic Children. Rtn.Chandana and Rtn. Aravind participated in the event and were overwhelmed seeing the talents exhibited by those children at the megaevent.



Rtn.Chandana President RBA, Rtn.Kameshwari Rao, Youth Service Director and Rtn.Srinivasmoothy gave a talk at **PESIT University Bengaluru** to 150+ MCA students on Personality Development and Assistive Technology used by Persons with Disabilities. Rtn.Chandana spoke about her life journey and how she adopted the technology to make her life easy, Rtn.Kameshwari Rao spoke about her life journey and the opportunities in the IT sectors highlighting the importance of accessible infrastructure, digital content and importance of a healthy lifestyle. Rtn.Srinivasmoothy demonstrated various websites and tools used by visually impaired persons. This was a wonderful session where Team RBA gave a lot of awareness to the students at the University Campus.





RBA, RAGAMS & MSSI Bangalore Chapter came together to **celebrate Christmas** and new year on 28th Dec 2023 .The event was attended by Rtn Uday Kumar Bhaskara, District Governor, District 3191.6 other Rotary clubs partnered the event . All performances were done by their Rotarians. The DG and other attendees got **sensitized about Multiple Sclerosis** The participants had a lot of fun. It was a memorable evening full of music.

Rotary Bangalore Abilities and Rotary Bangalore Vijayanagar took up an initiative for **Dhrishti Kona**. This was formally launched at the Annual Function of Sahana Trust where nearly 150 specially abled children participated. Dhrishti Kona lecture capsules were loaded in an USB (20 Nos) and were handed over to the heads of groups as well as to specially abled children who had come from different parts of Karnataka. The video has talks by successful specially abled, giving guidance, motivation and confidence on the efforts to be put, steps to be taken and opportunities available etc., for the children. This series of talks will be distributed to all the beneficiaries absolutely free and a contribution of Rs 500 per USB would go a long way to reach out many.



Rotary Bangalore Abilities had organized a **trip for a government School students** of Kunigal. Places visited include Museum, Planetarium, Vidhana Soudha, Bull temple, Kemfort. Immediate Past President Rtn. Kranthi P and Women empowerment Chair Rtn. Shalini accompanied them.

On 2nd January 2024 Past President and Community Service Director Rtn. Aravind **donated hearing aids** to Shastri School of Deaf and Dumb students. This brought lot of enthusiasm to the students as their hearing aids helped them to hear better





Rotary Bangalore Abilities had collaborated with the Red Cross for the **blood donation camp** on 18th January 2024. The blood donation camp was a grand success. We are very happy to inform you that 27 units of blood were collected. The best part of the event is that Rotary Club of Bangalore Abilities received the Certificate for organising the blood donation camp from the Red cross. RBA thanked Winvinaya Foundation for supporting us and making it a grand success.

The first District Conference of 3191 "**UDAAN - Behind Horizon**" was successfully held on Jan 27 & 28 at Royal Orchid Convention Centre and Resorts, Yelahanka, Bengaluru. The Conference Chair Vijay Tadimala welcomed all the dignitaries and delegates who participated from all over India and abroad. The Rotary Bangalore Abilities received a certificate for 100% registration for the District Conference and an award for their invaluable support to the UDAAN Conference. The Rotary International President's Representative appreciated the Rotary Bangalore Abilities team for their active contribution in various projects at Rotary





Fellowship


Members of RBA set out on a day long picnic to Aralaguppe, a village in Tumkur district. We 16 of us engaged 3 cars for the picnic. On the way we had a sumptuous breakfast. At Aralaguppe, we were welcomed at Aravind's ancestral home with warmth and welcome drink. After this, we visited 3 temples of historic importance in the vicinity. The temples had intricate carvings and paintings sculpted many centuries earlier. Then we headed out to the coconut grove, where we relaxed for a while. We tasted fresh tender coconut juice and pulp. Returning to the ancestral home, we cut a cake (fruit-based). This was to celebrate RBA's Charter Day. We were then served a delicious lunch. After relaxing for a while, it was time to head home. The picnic to Aralaguppe added to the treasure of memories.




BRaille TRAINING
EMPOWERING YOUTH


CHIEF GUEST
Rtn. NAGARAJ
COMMUNITY SERVICE DIRECTOR, RBA



TRAINER
Rtn. JUSTIN PHILLIPS
CLUB SERVICE DIRECTOR, RBA



4 MONTHS ONLINE TRAINING
SKILL TRAINING
IMPROVING QUALITY OF LIFE

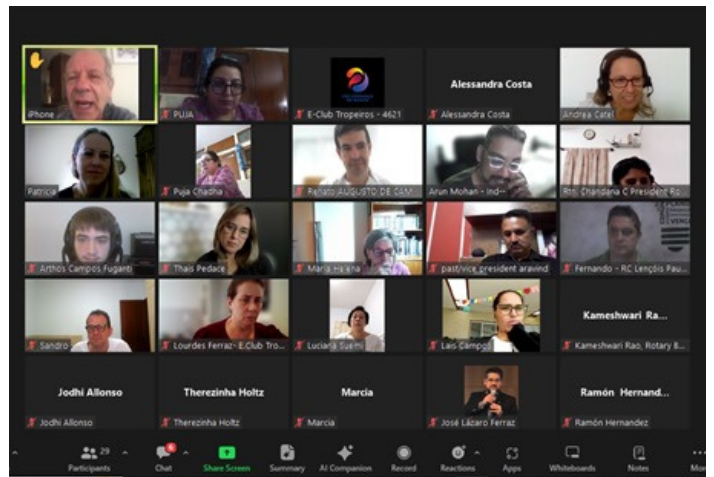


The first online batch of **Basic Braille** was recently inaugurated by Rotary Bangalore Abilities. The session was inaugurated by Rtn. Nagaraj, community service director RBA. The Trainer is Rtn. Justin Phillips, Charter President RBA & Director Club Services this year. Needy individuals have been given learning Braille kits. RBA empowers the person with disability with skills so that their quality of life improves.

Students will be able to read and write in both grade 1 and grade 2 braille. They also will be able to read any braille material, including braille signages on lifts and public places, literature, and markings on railway coaches.

On March 24th '2024, Rotary Bangalore Abilities of District 3191, India was invited to have a **joint meeting** with **Rotary E-Club do Distrito 4621 - Tropeiros, Brazil**. Both the clubs exchanged a presentation highlighting their club projects.

The members of RBA were very much interested to collaborate online in the projects like CLAP, English training, Understanding the Brazilian culture and also to focus on other projects which helps the persons with disability at both countries.



On 31st March 2024, Rotary Bangalore Abilities came forward to help a visually challenged couple who were finding it difficult to get clean drinking water for their daily living. The team donated a **Aquaguard RO** water purifier kit along with necessary accessories and helped the elderly visually challenged couple to get it installed in their kitchen. The couple thanked the team RBA for the timely help.

Rotary Bangalore Abilities helped a small boy residing in Bengaluru, suffering from a cardiovascular ailment. As the boy's parents could not afford the expensive surgery, RBA made it possible to arrange the life saving pediatric heart surgery at Satya Sai Sarala hospital near Bengaluru. The operation was a great success. His parents were so thankful to the team RBA for saving their son's life and for making all the arrangements for the heart surgery. The team RBA also had a word with the doctors and enquired about the condition of the boy. Also we would like to extend a hearty Thanks to Rtn. Aravind and his Family who sponsored for the Surgery. This was done in collaboration with Needy heart Foundation.





FLAG EXCHANGE

On 24th April 2024, Rotary Bangalore Abilities exchanged its flag with the Rotary club of Mehsana, Gujarat, India to express their friendship. Rtn Chandana, President RBA, Rtn. Arun Mohan, Secretary and President Elect, RBA, Rtn. Kameshwari, Secretary Elect RBA exchanged the club's flag with Rtn. Beenu Rao, President Mehsana club. The event represented each clubs' hometown pride and their connection to Rotary International.

Team RBA attended a program on 24th April, 2024 to welcome Rtn. Stephanie Urchick, Rotary International President Elect on her visit to Bengaluru, India. All the President Elects from the District 3191 and District 3192 were present on the occasion to greet, meet and see Rotary in action. Rtn.Chandana, Rtn.Kiran, Rtn.Kameshwari accompanied Rtn.Arun Mohan, President Elect and Secretary RBA and had a brief interaction with RI President Elect Rtn.Stephanie Urchick explaining about the club's ongoing projects. Overall it was a great experience to feel the magic of Rotary at RV Teachers College Auditorium, Jeyanagar, Bengaluru.

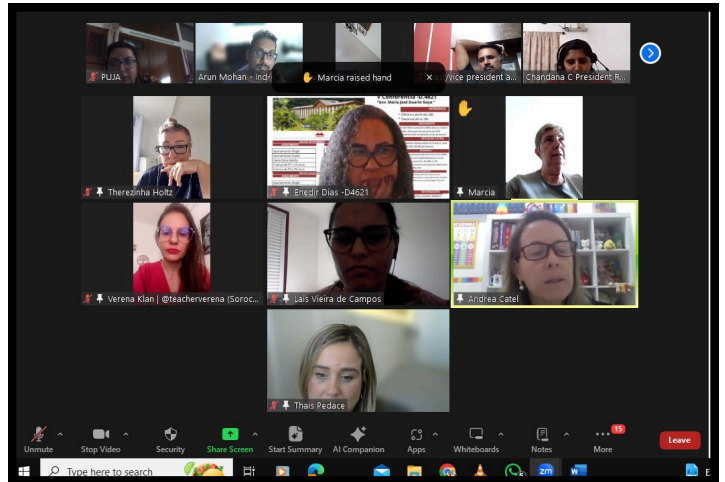


On 04.05.2024, Rotary Bangalore Abilities hosted **Namma Jobathon 2024**, an Exclusive Job Fair for the Persons with Disabilities in collaboration with Saira Jobs and WinVinaya Foundation at APS College of Commerce, Basavanagudi, Bengaluru. APS Education Trust partnered with RBA allowing to host the event at their premises. RBA is indebted to the Rotary Club of Bangalore Contonment, the Prime sponsor and other Partner Clubs for their valuable support. Overall the event was a grand success as it helped many Persons with Disabilities to grab a job and start a successful career.



Rotary Bangalore Abilities organised a summer camp under **Happy School Project** during 28th April and 3rd May at Government Primary School, Gaddehalli, Kunigal, Bengaluru. Around 50 students took part in the camp and got trained with Candle making, Origami, Spoken English and other fun games. The camp was a great success and all the students thoroughly enjoyed spending their summer holidays in a very useful way upgrading their skills. Members from RBA Rtn.Aravind, Rtn.Kranti, Rtn.Kameshwari, Rtn.Kiran, Rtn.Priya, Rtn.Shalini, Rtn. Mallikarjun and Hema conducted various activities in the camp and brought in more cheers to the students in the camp. The camp happened for a week from 28th Apr - 3rd May 2024

On 16th May 2024, Rotary Bangalore Abilities had a **joint club meeting with Rotary E-Club Tropeiros, Brazil**. All the club members were excited to meet members of Tropeiros E-Club. The President Elect of the Club Rtn.Andrea Catel introduced their members to Rtn.Chandana, President RBA. Rtn Arun Mohan, Secretary and President Elect, RBA presented the Club's ongoing projects. Both the Clubs were delighted to connect with the online projects and decided to sign the Sister Club Agreement at the earliest. Rtn. Puja Chadha organised the meeting in a smooth way.



Rotary Bangalore Abilities (RBA) was invited to the **Diversity, Equity Inclusivity (DEI)** Trainee Felicitation on 25th May 2024 in Rotary House of Humanity (Ulsoor). Rtn Kameshwari, Rtn Arun Mohan and Rtn Kiran Kumar were felicitated following an enlightening panel discussion on DEI (Breaking Barriers & Unconscious Bias) which was presided by Dr Anita Prasad, Dr Veena Shenoy and Chella Pandian Pichai. Lingaraju and Shekar Naik were awarded DEI "Warriors beyond Barriers" award for their exemplary courage and drive to go beyond the normal to achieve glory. All the awarded trainee's have been identified as "DEI Ambassadors" and will carry forth and spread the spirit of DEI across Rotary District 3191



On June 02 '2024, Team RBA attended the District Training Assembly Chak De Mavericks at Prabhath Kala Sambhrama, Bengaluru. All the Presidents, Secretaries and Directors of Rotary District 3191 participated in the training and were classified as four teams namely Impact, Expand, Engage and Adapt. Various projects taken up by the four teams were explained. DGE Satish Madavan spoke about the magic of Rotary and discussed the proposed targets for the year 2024-2025





The 5th edition of the Spoken English Summer Camp concluded on May 31, 2024. Rotary Bangalore Abilities had organized this two-month camp to improve the speaking ability in the foremost business language of the world. Although there was an overwhelming response at the start, finally, about 20 students attended classes regularly. Justin, Firdose, and Devika trained students in grammar, spelling, sentence structure, joining words, phrases and sentences.



Rotary Bangalore Abilities, Margadarshi, Motivation India, and Karnataka Rajya Benuhuri Apagatada Angavikalara sanga jointly hosted an event providing 10 customized wheelchairs to beneficiaries on June 9th with support from the District Disability Group. Chandana, Latha, Kameshwari, Arun, Arvind, Nagaraj, Kiran and Gokul from RBA presided over the function held at the Karnataka Rajya Benuhuri Apagatada Angavikalara sanga, Magadi @ 11 AM. The overwhelming response to our call for emancipation was greatly appreciated and requested to be continued to widen the area of emancipation of Spinal Cord Injured disabled. Involvement of Mr Nagendra Kumar and Narasimha Murthy made the occasion filled with determination and will to go the extra mile.

RBA TEAM 24-25



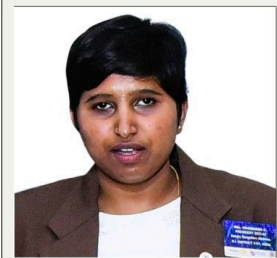
RTN. Arun Mohan
PRESIDENT



Rotary
Bangalore Abilities



RTN. Kameshwari Rao
SECRETARY



RTN. Chandana C Treasurer &
IPP



RTN. Justin Philips
Vice President



RTN. Kranthi P
Director - Community services



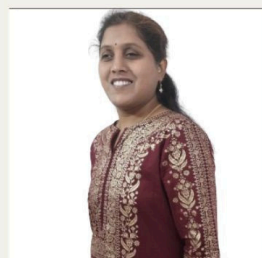
RTN. S. Gokulakrishnan
Director - Vocational services



RTN. Kiran Kumar
Director - Youth services



RTN. D Gopi
Director - International services



RTN. Pinky Gupta S
Director - Club services



RTN. Puja Chadha
Director - Public image

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